2020 NWOAL Cross Country Championships October 17, 2020 Delta Park 511 Taylor St. Delta, OH 43515

Teams: Archbold, Bryan, Delta, Evergreen, Liberty Center, Patrick Henry, Swanton, Wauseon

Entries: All entries are to be completed on Baumspage. Window closes on Tuesday, October 13 @ 7pm.

Start: Starting position have been drawn and assigned by the meet official. Coaches will be informed of the positions at the coaches meeting.

Schedule: 8:30am – Course Opens 9:30am – Coaches Meeting 10:00am – HS Girls Race 10:45am – HS Boys Race 11:30am – MS Girls Race 12:00pm – MS Boys Race 12:30pm – Awards

- **Parking:** Bus parking will be between the Fieldhouse and the Pool. Spectator parking will be at multiple locations around the park/high school.
- **Timing:** Tiger Timing will provide timing services for all races. Packets, including race chips, will be provided to each team the morning of the race. \$25 for each lost or unreturned chip.
- Finish: Please remind your runners to keep moving through the chute and stay in order.
- **Results:** Results will be posted on Baumspage as soon as possible after races.

Restrooms: Located in the Fieldhouse

Concessions: Concessions will be available in the Fieldhouse

T-Shirts: A limited amount of shirts will be available on-site at the concession stand. Online pre-orders will be offered through Dave's Running Shop: <u>https://nwoalxcchamp2020.itemorder.com/sale</u>.

NO parking on grass NO dogs allowed NO spectators allowed on the football field

Questions: Contact the Meet Manager, the starter or the head scorer

COVID-19 COMPETITION GUIDELINES

Coaches

• Please conduct a symptom assessment of your athletes before arriving.

• All coaches must wear a face mask at all times.

• Race will take place on a prompt time schedule. Please do not report to the starting line until 5 minutes before your team's race.

• All athletes will be chipped timed. You may pick up your chips from the Tiger Timing trailer/tent. Chips will be bagged. Please return all of your chips and bag back to Tiger Timing after the race, so that they may be disinfected.

• Race results will be announced over the intercom system and posted on Baumspage.

Players

• Teams are responsible for conducting symptom assessment prior to travel to competition venue.

• All athletes must wear a mask at all times when not competing.

- Six-feet social distancing must be maintained between individuals when not competing.
- No congregating before or after competition.

• Supply own water bottle, equipment, hand sanitizer and personal items which are not to be shared with anyone.

Spectators

- No dogs are permitted on site.
- Wearing of a face covering/mask at all times is mandatory. NO EXCEPTIONS

• Spectators should conduct daily symptom assessments. Anyone experiencing symptoms must stay home.

- Six-feet social distancing must be maintained between individuals.
- No congregating before or after competition is permitted.

Starting Line

- No pre-race instruction/meeting will be conducted by officials.
- Runners to arrive behind starting line no earlier than 5 minutes before the start.
- No spectators within 50 feet of the starting line area. Area will be marked as restricted.
- No clerking or check-in at starting line. All check-in to be completed at packet pick-up.
- No items to be left or stored in the starting line area.

Finish Line

- Area will be marked as restricted No spectators on the football field
- Athletes to maintain 6 feet social distancing in finish area at all times.
- Athletes to return immediately to their team camp area after finishing the race.
- No congregating after the competition is permitted.

Results and Awards

- All results will be posted on Baumspage. No results will be posted at the venue.
- Awards ceremony will be at 12:30pm.

Team Camps

• Team camps should be at least 20' apart from each other. No tents unless we have inclement weather.

• Team camp area will be for athletes and coaches only, no spectators/parents.